



Stations of the Cross

St Francis Anglican Church
Biblical Truth
Loving Community
Transformation and Joy

Welcome to our parish, peace be with you
We hope you will join us for service
Sundays - Holy Eucharist - 9am-10am
Wednesdays - Holy Eucharist - 11:30am-12pm

St Francis Anglican Church
1089 Wilkins Drive, Sanford, NC
910-773-1155
<http://stfranciscnc.org/>

Rector: Fr. Craig J. Lister
frcraig75@gmail.com
Associate Rector: Fr. Matthew Garrison
matt.garrison44@gmail.com

The Stations of the Cross are a 14-step mini pilgrimage that commemorates the passion of Jesus and his death. At each station, we recall and meditate on a specific event from the last day of Christ. Specific prayers and readings are recited at each station.

Station 1 - JESUS IS CONDEMNED TO DEATH

We adore You, O Christ, and we bless You:

Because by Your holy Cross You have redeemed the world.

Behold the Lord of justice standing before the judgment seat. Pilate washes his hands; the rulers of Judaea take his blood upon their heads and on their children.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

He spared not His own Son

But delivered Him up for all of us.

Let us pray.

O Blessed Lord Jesus, condemned to death for our sins:

Grant us true repentance, that, being washed in that stream which flows from Calvary through the Sacraments of Your Holy church to the end of time, we may evermore serve You with pure hearts and minds; who now lives and reigns with the Father and the Holy Spirit, one God, world without end.

Amen.



Station 2 - JESUS TAKES UP HIS CROSS

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord in whom all things subsist, who led His people out of Egypt and into the land of milk and honey, now led off to death, carrying the instrument of His condemnation

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

The Lord has laid on Him the iniquity of us all

For the wickedness of my people He has stricken Him

Let us pray.

O Blessed Lord Jesus, who has taught us to pray, Your will be done, and who has said, Except you take your cross and follow me, you have no part in me: Grant us by Your grace cheerfully so to bear the slights and discouragements, the frustrations and temptations of the daily round with patience and humility, that we may be made one with You who bore Your Cross for us, and who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 3 - JESUS FALLS THE FIRST TIME

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord by whom all things were made. He falls in the dust. His agony and bloody sweat, the rigors of His final trial, the mocking and the scourging now take their toll.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

Surely He has borne our griefs

And carried our sorrows.

Let us pray.

O Blessed Lord Jesus, accept our humble thanks for that You did bear the full weight and pay the price of sin, that we might have its full weight lifted from our souls, who would be weighed down indeed and lost forever but for You and Your abiding grace; who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 4 - JESUS MEETS HIS HOLY MOTHER

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the handmaid of the Lord together with her Son.

The ancient Simeon's word to her is now fulfilled: A sword shall pierce Your own soul also.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

Yes, a sword shall pierce Your own soul also

That the thoughts of many hearts shall be revealed

Let us pray.

O Blessed Lord Jesus, at whose Presentation in the Temple the aged Simeon prophesied the piercing of the compassionate heart of the Blessed Virgin Mary: Grant that we may be aided by her deep devotion and lifted by her prayers before You: who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 5 - THE CROSS IS LAID ON ST. SIMEON OF CYRENE

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord who holds the whole world in the hollow of His hand, now upheld by Simeon, who was standing in the crowd, and whom soldiers pressed to service; who from his sharing in the Passion of our Lord became a Saint of Holy Church.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

Whosoever does not bear his cross, and come after Me

Cannot be my disciple

Let us pray.

O Blessed Lord Jesus, who has taught us to take up our Cross and follow You: Grant us to grow through every burden of the daily round, that we may share our cross with You, who shared Your Cross with Blessed Simeon; and who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 6 - SAINT VERONICA WIPES THE FACE OF JESUS

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord of beauty, Saint Veronica, who loves him much, runs to cleanse His face; to whom the Church has given as a name her deed itself: (veronika, very image of the Lord) which legend says he left upon her cleansing cloth.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

Hide not Your face far from us

Put not Your servant away in anger

Let us pray.

O Blessed Lord Jesus, who has taught us that inasmuch as we have been merciful unto one of the least of our brethren, we have been so unto You; Grant us grace to be sensitive to the need of friend and foe alike; that like as the Blessed Veronica found Your image on the cloth which mercy gave, so may we bear imprinted upon our hearts the image of Your love; who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 7 - JESUS FALLS THE SECOND TIME

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord of heaven fallen to the earth again, its burdens on His shoulders. The Cross becomes the outward sign of all our sins, and sin's intolerable weight.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

But I am a worm and not a man

The reproach of men, and despised of the people.

Let us pray.

O Blessed Lord Jesus, who walked the lonely road of life to death itself that man might need never to be alone again: Help all who stumble in blindness of heart, searchings of mind, and loneliness of soul, that they may come to know You who are the Light of the World, and who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 8 - JESUS MEETS THE WOMEN OF JERUSALEM

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord whom prophets long foretold; There follows him a great company of disciples, of women which also bewail and lament him to whom he prophesies: Daughters of Jerusalem, weep not for me, but weep for yourselves and for your children: If they do these things in a green tree, what shall be done in the dry?

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

They that sow in tears.

Shall reap in joy.

Let us pray.

O Blessed Lord Jesus, who has taught us to lay up for ourselves treasure in heaven, where neither moth nor rust corrupts, and where thieves break not through or steal: Grant, that as we walk through the midst of this crumbling world, our hearts may be stayed on You who is the goal of all our striving and the answer to our restlessness; who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 9 - JESUS FALLS THE THIRD TIME

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord, who, when He has been lifted up, will draw all men to him, now falls a third and painful time.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

He is brought as a sheep to the slaughter

And was mute as a lamb before the shearer.

Let us pray.

O Blessed Lord Jesus, by the merits of Your Holy Cross strengthen me that I may never fall into grievous willful sin; and should I, through carelessness or ignorance offend You; Grant that I may quickly turn to You with contrite heart, honest confession, and full purpose of amendment, to conquer all that ought not be in me; through Your grace, who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 10 - JESUS IS STRIPPED OF HIS GARMENTS

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord who clothed the world in beauty,
who now submits, for love of man, to all man's hatred.
He is stripped of his clothing and prepared for the Cross.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

They gave me also gall for my meat

And in my thirst they gave me vinegar to drink

Let us pray.

O Blessed Lord Jesus, now prepared for the gallows tree; Help us to strip off all false pride and to be clothed with sincerity of heart: Let love rule in our hearts, and fill them so that no room remains for anger; let us rejoice in the success of others, and pray for them in their shortcomings, that we have no room for the cloak of envy; for lust, give us singleness of purpose; that all our desires lived in the pure crucible of this Your holy sacrifice; Grant us for greed a love of holy poverty; for sloth a holy industry; for gluttony a wholesome discipline; that resisting all temptations of the world, the flesh, and the devil; we may live in faith, through hope, with love by You, who now lives and reigns with the Father and the Holy Spirit, one God, world without end.

Amen.



Station 11 - JESUS IS NAILED TO THE CROSS

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord of love! The soldiers nail him to the Cross;
he praying to the Father for them.

"Father, forgive them, for they know not what they do."

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

They pierced my hands and my feet

I may tell all my bones: they stand and stare upon me.

Let us pray.

O Blessed Lord Jesus, stretching out Your arms to the nails and praying for the nailers: May the light of Your holy Gospel and the healing of Your sacramental grace reach out yet more and more 'til all mankind shall nail its sins to the Cross of love of You; who now lives and reigns with the Father and the Holy Spirit, one God, world without end.

Amen.



Station 12 - JESUS DIES ON THE CROSS

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Lord of life and glory saying, "It is finished — Father, into Your hands I commend my spirit".
The saving Victim is become the mighty Victor. Sin, Satan, and death are defeated. There is darkness over all the earth; the rocks are rent; the graves open' the Veil of the Temple is torn in two.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

He is brought as a sheep to the slaughter

And was mute as a lamb before the shearer.

Let us pray.

O Blessed Lord Jesus, whose sacred side was pierced that blood and water flowing out therefrom might reveal Your death was by a broken heart: Accept the lowly offering of my heart's love; and grant that dying unto self I may live only unto You, who died for me and now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 13 - THE BODY OF JESUS IS TAKEN DOWN FROM THE CROSS

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Handmaid of the Lord, receiving into her hands the body of her Son, our Lord, his life work finished, his soul released, his victory won amidst defeat.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

Her tears are on her cheeks

She has none to comfort her

Let us pray.

O Blessed Lord Jesus, by the merits of Your precious death and burial: Grant that all who mourn for loss of loved ones may know the help of her prayers whose arms received Your sacred body; May the sure and certain hope of the Resurrection be unto them a strong staff with which to walk the paths ahead, guided by Your light, who now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**



Station 14 - THE BODY OF JESUS IS LAID IN THE TOMB

We adore You, O Christ, and we bless You:

Because by Your holy cross You have redeemed the world.

Behold the Body of our Lord laid in Joseph's tomb: the penalty of Adam paid; the seed which, except it be sown, abides alone; now awaiting Resurrection and a harvest of the souls of men for ages yet untold.

Holy God, Holy and Mighty, Holy and Immortal

Have mercy upon us

You will not leave my soul in Hell.

Nor will You suffer Your Holy One to see corruption

Let us pray.

O Blessed Lord Jesus, who whilst Your sacred Body was at rest on the Sabbath did in nether realms establish Your reign and preach to the souls departed: Grant that none on either side of the grave may ever separate us from Your love, who having harrowed hell and brought captivity captive, now lives and reigns with the Father and the Holy Spirit, one God, world without end. **Amen.**

